

Paths of Old

Walk 3 – Old Poor's Gorse

Distance: 4.40 miles

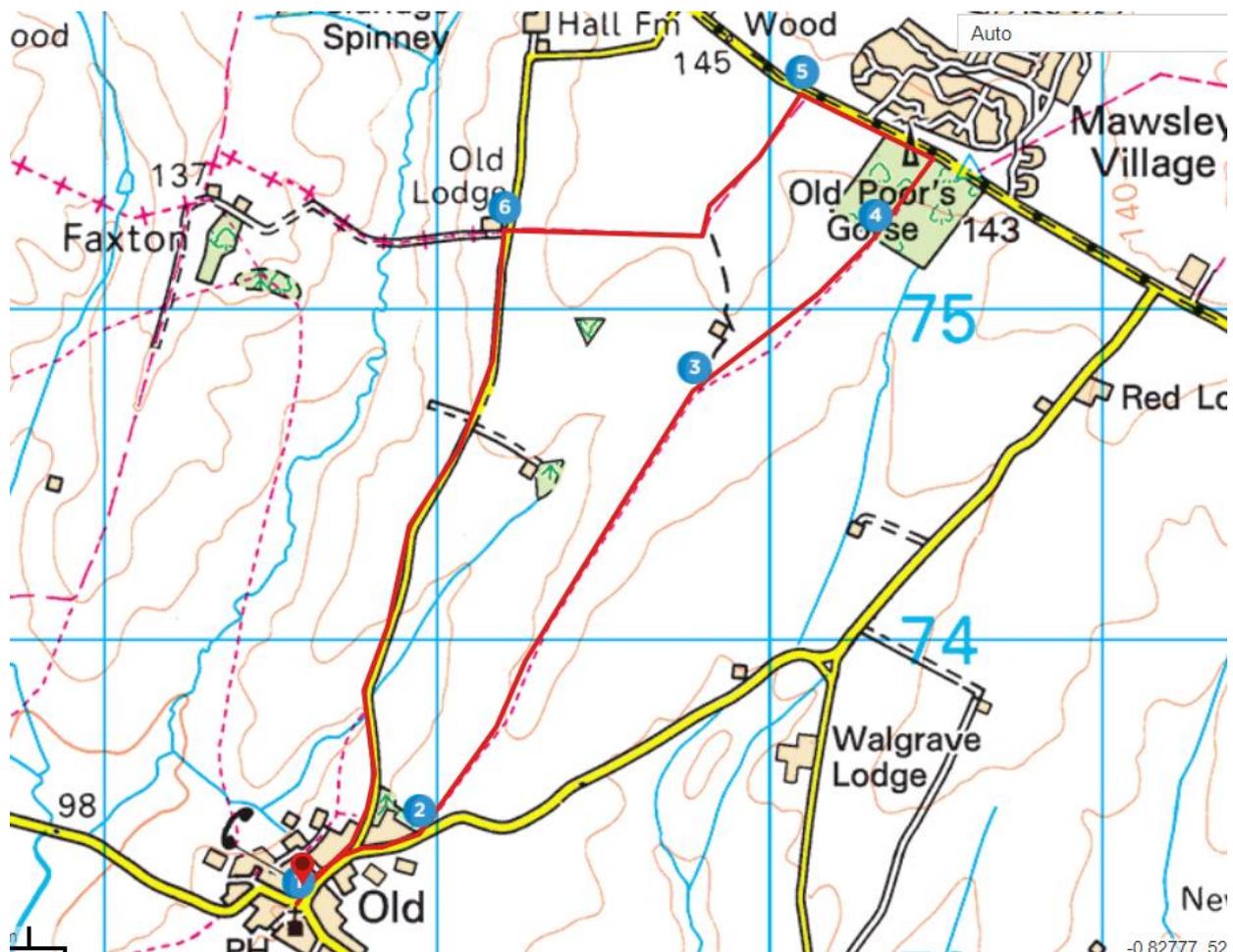
Grade: Easy

Start / Finish: The White Horse, Old (Grid Ref: SP786732)

Map: OS Explorer 223 Northampton & Market Harborough

Things to see: Brown Hare, Buzzard, Moorhen, Coot.

Summary: A walk of around 2 hours heading out towards Mawsley then looping back via Mill Lane



Point	Description
1	From outside the White Horse, follow Harrington Road out of the village, past Faxton End and Mill Lane on your left, and continue into Broughton Road. Soon after the last house on the left, by the village sign, a path leads off to the left (0.30 miles / Grid Ref: 790734).
2	Take this path, through a small scrubby area, into a large field. Keep ahead on the obvious path with the hedge on your left. Over the next mile you will cross five large fields and pass four sets of small ponds. Look out for wildlife at the ponds – Moorhen and Coot can be found nesting here.
3	As you enter the sixth field, a post and marker will be found (1.30 miles / Grid Ref: 798748). The path bears diagonally right (as indicated by the signpost) aiming a little to the right of the mobile mast in front of you, and heads for a gap in the hedge ahead. Cross the wooden planks and continue in the same direction to another gap in the hedge, where you enter the woods of Old Poor's Gorse (1.78 miles / Grid Ref: 803752).
4	Go into the wood, following the path immediately right and then left, heading deeper into the wood in the same general direction and avoiding any side paths. Eventually, you will reach a stile on to the road (2.02 miles / Grid Ref: 805755). Taking care as this is a busy road, turn left along the road past the entrance to Mawsley on your right to come to a gate on your left with a Bridleway fingerpost opposite (2.30 miles / Grid Ref: 801757).
5	Go round the gate and into the field. Follow the obvious track with the hedge on your left. Cross into a second field, continuing straight ahead on the track to reach a hedge (2.64 miles / Grid Ref: 798752). Turn right along the hedge, keeping to the track. Go through a gateway and carry straight on to reach Mill Lane opposite Old Lodge (3.04 miles / Grid Ref: 792753).
6	Turn left and follow the lane back into Old, bearing right at the end to return to the White Horse.

Remember: for the benefit of all please keep to the path, close all gates behind you and keep dogs on a lead, especially around livestock.